

## Cooking Class

As part of our cooking lessons, students are learning not just how to prepare food, but also how to be responsible for the tools and equipment they use.

Please ensure your child brings the following items to each cooking lesson:

- Cutlery Set At least a spoon and fork
- Bowl
- Plate

← All items should be packed in a zip lock bag for easy transport
and to keep them clean and contained.

Used items will be sent home **for washing** after each lesson. This is part of teaching children:

**Sanitary habits** – understanding the importance of cleanliness in food preparation

**Sustainability** – reducing waste by using reusable items instead of disposable ones

**Responsibility** – taking care of their own utensils and cleaning up after use

These are important life skills that go hand-in-hand with learning how to cook.

Thank you for your support and for helping us build healthy, responsible habits in our young chefs!